

### Listening Post

Vietnam Veterans of Ventura County, Inc. P.O. Box 3218 Ventura, CA 93006-3218

June 2019

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#### **Listening Post**

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#### James Ray Scholarship

Joe Richardson (805) 659-2387

#### Membership

Joe Richardson (805) 659-2387

#### Parades/Work Party

John Cabrera (805) 483-5139

#### **Fundraising**

Manny Gonzales (805) 988-4462

#### President's Message:

During our slide presentations at the schools we are honored to share our Vietnam Experiences at, I have a slide that states, "There is no such thing as an unwounded soldier". Not all wounds are that obvious or receive a Purple Heart but go deeper into us than any bullet or shrapnel can. Not all casualties are found listed on any monuments. Of course, I am referring to those of us suffering from PTSD those whose darkness leads them to suicide.

Most of us are already aware of the study made by the U.S. Department of Veteran Affairs that 20 Veterans a day commit suicide. That rate is higher among those returning from the "desert" wars.

On May 17th, Debra Erich, Manuel Gonzalez and I attended a class at the National University on Suicide Prevention. Mike Mc Manus, our VSO, arranged for this important training. One of the stats that was presented at the top of the training was that 70% of Veterans who commit suicide are not enrolled with the VA. 764 suicide attempts are made per month among those who are enrolled and are receiving recent VA health care services. (1)(2)

Our session was two hours long and easily could have gone on much longer. I will not attempt to share all we covered during the session but I wanted to share with you from the Veterans Crisis Line card we received some of the signs of Suicide Risk Thinking.

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(Continued from page 1)

Some of the signs of Suicide Risk Thinking:

- · Thinking about hurting or killing yourself
- · Looking for ways t kill yourself
- · Talking about death, dying or suicide
- · Self-destructive behavior such as drug abuse, weapons, etc.
- · Hopelessness, feeling like there's no way out
- · Anxiety, agitation, sleeplessness, mood swings
- · Feeling like there is no reason to live
- · Rage or anger
- · Engaging is risky activities without thinking
- · Increasing alcohol or drug abuse
- · Withdrawing from family and friends

If you or someone you know exhibits any of these signs, please call or have the person call 1-800-273-8255 Press 1

- (1) Suicide Prevention Hand Out, May 17, 2019
- (2) VA Suicide Prevention Application Network

#### **Dave Wilson**

#### VVVC May 2019 Membership Report

Annual members

63

Life members

110

Total members

173

Memberships expiring in June 2019: Robert Calander 6/29 Garry Kraft 6/25 Roy Villa 6/29

Sec/Membership Chair Joe Richardson

#### POW/MIA REPORT May - 2019

12 brothers-in-arms have been accounted for and/or returned home & 6 remain MIA

#### World War II: 7

Army Pfc. **Dewey W. Harris**, killed during World War II, was accounted for on April 16, 2019.

Army Air Forces Staff Sgt. **Vincent J. Rogers, Jr.,** 21, of Snyder, New York, killed during World War II, was accounted for on March 21, 2019, and will be buried in Riverside, California

Army Cpl. Ralph L. Bennett, killed during World War II, was accounted for on April 29, 2019.

Marine Corps Platoon Sgt. **George E. Trotter**, killed during World War II, was accounted for April 16, 2019.

Marine Corps Staff Sgt. Wesley L. Kroenung, killed during World War II, was accounted for April 16, 2019.

Army Air Forces 2nd Lt. **Toney W. Gochnauer**, killed during World War II, was accounted for on May 13, 2019.

Army Pvt. **Roy Brown, Jr.**, killed during World War II, was accounted for on May 13, 2019.

#### **USS Oklahoma: 2**

Navy Fireman 3rd Class **Jasper L. Pue**, killed during World War II, was accounted for April 16, 2019.

Marine Corps Reserve Pvt. **Ted Hall**, 24, of Kansas City, Missouri, killed during World War II, was accounted for on Jan. 16, 2019.

Currently there are 72,725 (approximately 26,000 are assessed as possibly-recoverable) still unaccounted for from World War I

#### Korean War: 3

Army Pfc. Sterling Geary, Jr., killed during the Korean War, was accounted for on April 8, 2019.

Army Sgt. 1st Class **Elden C. Justus**, killed during the Korean War, was accounted for on April 16, 2019.

(Continued on page 3)

POW/MIAREPORT (Continued from page 2)

Army Cpl. **Charles S. Lawler**, killed during the Korean War, was accounted for on May 13, 2019.

There are 7,646 Americans remaining unaccounted for from the Korean War.

Vietnam: 0

There are 1,576 American servicemen and civilians remaining unaccounted for from the Vietnam War

Iraq Theater & Other Conflicts: 6

Operation El Dorado Canyon, 1986 MIA: 1

Capt. **Paul F. Lorence**, of San Francisco, U.S. Air Force, was lost on April 15, 1986, over Libya.

Operation Desert Storm, 1991 MIA: 2

Lt. Cmdr. **Barry T. Cooke**, of Austin, Texas, U.S. Navy, was lost on Feb. 2, 1991, in the Persian Gulf.

Lt. Robert J. Dwyer, of Worthington, Ohio, U.S. Navy, was lost on Feb. 5, 1991, in the Persian Gulf.

Operation Iraqi Freedom, 2003-2010 MIA: 3

Mr. **Kirk Von Ackermann**, of Albuquerque, N.M., DoD contractor, was lost on Oct. 9, 2003, while working in Forward Operating Base Pacesetter, Iraq.

Mr. Timothy E. Bell, of Mobile, Ala., DoD contractor, was lost on April 9, 2004, while working in Baghdad, Iraq.

Mr. Adnan al-Hilawi, of Orlando, Fla., DoD contractor, was lost on March 3, 2007, while working in Baghdad, Iraq.

Ron Fitzgarrald POW/MIA Chairman A Note from Theresa McKenrich Regarding The Battle of Midway ceremony on Naval Base Ventura County – June 6 at 10 a.m.

I know in the past there was some difficulty getting thru the gate and I wanted to let you know we are able to provide a 12-passenger van to meet your group at the gate. Following the ceremony, we would love to provide a windshield tour of the base and a special meal at the galley.

I hope a few of the Vietnam Veterans of Ventura County are able to join us as our special guests.

(See flyer attached)



### Open House Invite

Veterans, Active Duty L Military Families: Please join us in celebrating 40 years of Keeping the Promise

DATE: Friday, 6/14/2019 TIME: 12:30PM - 3:00PM Ventura Vet Center 790 E Santa Clara St., #100 Ventura, CA 93001 (805) 585 - 1860



# 77th Anniversary Battle of Midway



## Welcome to the Celebration

Thursday, June 6, 2019 \* NBVC Point Mugu Bldg. 1 \* Ceremony begins at 10:00 a.m. Uniform of the Day or Civilian Equivalent \* Special Meal at the Galley following Ceremony The Oxnard Ambassadors are hosting the USMC 1st Marine Division Concert Band on Sunday, June 2nd at 3pm in the Auditorium of the Oxnard Performing Arts Center. This will be a wonderful event in a beautiful, acoustically perfect venue. Attached you will find posters for the event and I ask you post them in your social media outlets or web sites. We can hold 1604 audience members and hope to pack the house. The concert is FREE to the public and we are asking that they get a ticket in advance at any of our distribution sites or online at <a href="https://www.eventbrite.com/e/united-states-marine-corps-1st-marine-division-band-of-camp-pendleton-tickets-46833295648">https://www.eventbrite.com/e/united-states-marine-corps-1st-marine-division-band-of-camp-pendleton-tickets-46833295648</a>

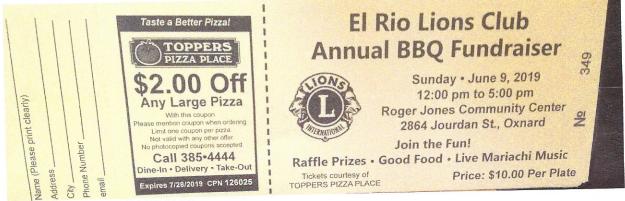


Marne Valeros, Program Manager, Clinical Operations receiving a free haircut at the



Ventura Downtown Lions Club is asking for support in assisting the El Rio Lions Club with a Fundraiser for this small Community. I am now asking you if possible to join me in giving back to the organizations that support us the VVVC. \$10 for a BBQ Tri-tip, Chicken and trimmings is a great meal for the price. Good fun for the entire Family, prizes, raffle or you may run into people you may know or have something in common. For some of you that are not familiar with the community when the call came for the Vietnam War no less than 30 young men answered the call. If you plan to attend please wear VVVC t-shirts and caps. For tickets PLEASE call me I have 25 for sale or let your friends or relatives know.

Thank You,



### Save the Date!

Laughter is the best medicine...

Come self-medicate with Comedy Hour by Denise Carter and Friends

Food, Drinks, Laughter, Raffles, Trivia, Palm Readers, Chair Massages and More!

Thursday, June 20th 4:30-7:00pm

Oxnard Family Circle 2100 Outlets Center Drive, Suite 380, Oxnard

805.385.4180 for more information

### **EVENT SPONSORED BY:**













### **VVVC 2019 Event Calendar**

			NOVEMBER	
JUNE			1	VCMC Free Legal Clinic
	2	USMC 1 <sup>St</sup> Marine Division Concert Band	4	NCTC "CM" Graduation
	6	Battle of Midway ceremony	11	Color Guard at Oxnard Veteran's Ceremony
	7	VCMC Free Legal Clinic	11	Las Vegas Veteran's Parade
	9	El Rio Lion's BBQ Fundraiser at Toppers		NCTC "CM" Graduation
	13	Collaborative Meeting	12	AFTS "TTAC" Graduation
	14	Vet Center 40 <sup>th</sup> Anniversary Celebration Open House	12	
	15	VVVC Meeting	14	Collaborative Meeting
		Comedy Hour by Oxnard Family Circle	15	VVVC Meeting
	20	NCTC "CM" Graduation	19	NCTC "CM" Graduation
	21	NCTC "CM" Graduation	26	AFTS "TTAC" Graduation
	28	NCTC "CM" Graduation	29	AFTS "TTAA" Graduation
JULY			DECEMBER	
	4	4th of July Parade in Ojai	DECEMBER 3	NCTC "CM" Graduation
	4	AFTS "TTAC" Graduation	6	VCMC Free Legal Clinic
	5	VCMC Free Legal Clinic		Color Guard at Camarillo Christmas Parade
	7	Color Guard at Oxnard Beach Park	7	Collaborative Meeting
	9	AFTS "TTAA" Graduation	12	NCTC "CM" Graduation
	11	Collaborative Meeting	19	
		NCTC "CM" Graduation	20	VVVC Meeting
	16	NCTC CM "A" School – Change of Command 10 am	20	AFTS "TTAA" Graduation
	18	VVVC Meeting	23	AFTS "TTAC" Graduation
	20	AFTS "TTAC" Graduation		
	29	NCTC "CM" Graduation		
	30	AFTS "TTAA" Graduation		
	31	AFIS TIAA Graduation		
AUGU	ST			
	2	VCMC Free Legal Clinic		
	6	NCTC "CM" Graduation		
	8	Collaborative Meeting	*	
	13	NCTC "CM" Graduation		
	17 &	18 Booth at Wings Over Camarillo		
	17	VVVC Meeting		
	23	NCTC "CM" Graduation		
	23	NOTO ON SIMPLE		
SEPT	EMBER	A second (CD C) Conduction		
	3	NCTC "CM" Graduation		
	6	VCMC Free Legal Clinic		
	10	NCTC "CM" Graduation		
	12	Collaborative Meeting		
	16	AFTS "TTAC" Graduation		
	17	NCTC "CM" Graduation		
	18	AFTS "TTAC" Graduation		
	21	VVVC Meeting		
ACIT	Oppp			
oct	OBER	VCMC Free Legal Clinic		
	4	NCTC "CM" Graduation		
	4	AFTS "TTAC" Graduation		
	8	AFTS "TTAC Graduation AFTS "TTAA" Graduation		
	10	AFIS TIAA Graduation		
	10	Collaborative Meeting		
	11	NCTC "CM" Graduation		

NCTC "CM" Graduation

NCTC "CM" Graduation

NCTC "CM" Graduation

AFTS "TTAC" Graduation

AFTS "TTAA" Graduation

**VVVC** Meeting

11

19

21

28

28

30

# I HAVE DONE THINGS THAT HAUNT ME AT NIGHT SO YOU CAN SLEEP IN PEACE

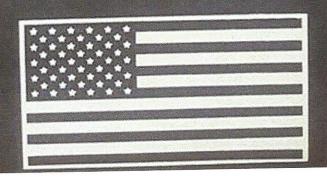
I HAVE BEEN AWAY
FROM MY FAMILY A LONG TIME
SO THAT YOURS CAN BE SAFE

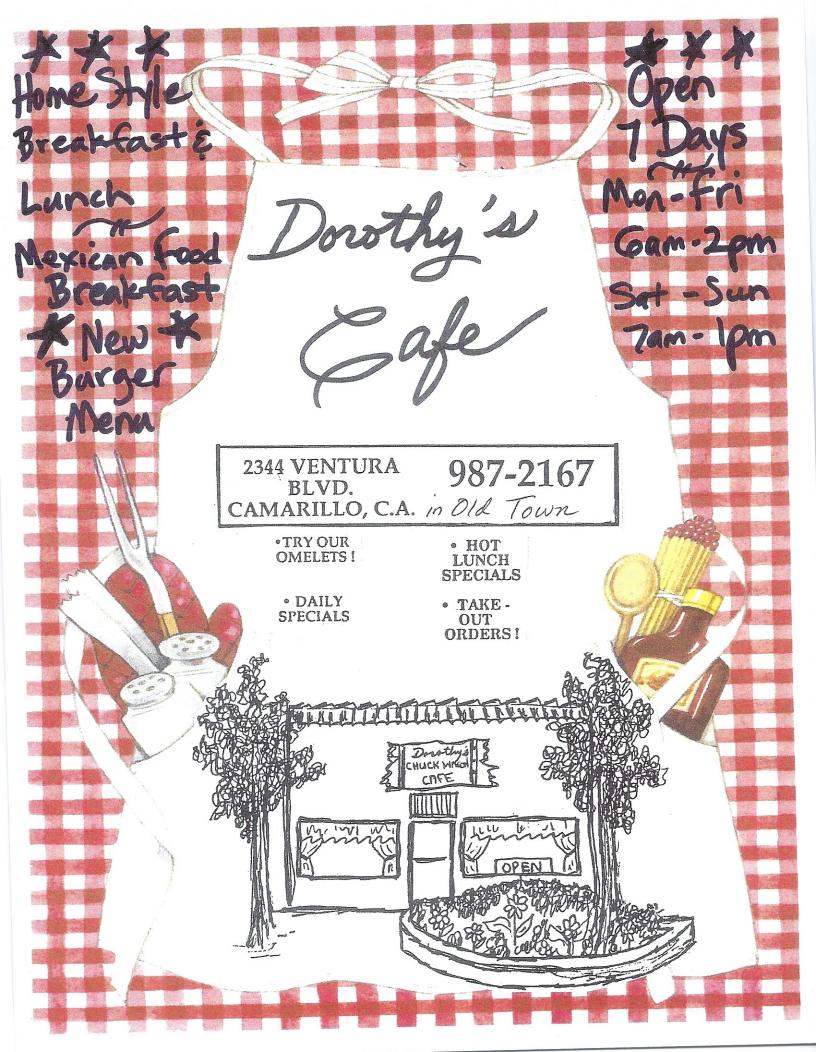
A LOT IN MY LIFE
SO THAT YOU MAY LIVE FREE

I HAVE DONE THESE THINGS
BECAUSE I HAVE SWORN AN OATH
TO MY COUNTRY

AND I WILL LIVE BY THIS OATH
UNTIL THE DAY I DIE
BECAUSE I AM AND ALWAYS WILL BE A

U.S. VETERAN







#### Vietnam Veterans of Ventura County, Inc. P.O. Box 3218 Ventura, CA 93006-3218

This letter is intended to be used to introduce us, the Vietnam Veterans of Ventura County, and to assist us in our effort to solicit subscription/donations to our organization in the form of advertising in our monthly newsletter.

First the legal issues of proper identification.

• IRS, 501(c)(19) Vietnam Veterans of Ventura County Inc. id#93-0966053

State of California Franchise Tax Board

 501(c)(19) Vietnam Veterans of Ventura County, tax exemption, Revenue and taxation Section 23701f

Our organization represents all veterans (not just Vietnam Veterans) in the 805.

Our organizations primary function is to act as a 'service' group providing all manner of assistance to our veteran population. We are active in the education of our youth in our local schools by speaking at the schools to the students. We support and provide college scholarships every year. We have been the organization responsible for bringing the 'Traveling Wall' Vietnam Memorial to Ventura six times in the last 30 years and are planning on doing so again in 2018. We provide full military honor and color guards in parades and at funerals. We work closely with literally hundreds of other organizations and our elected officials both State and Federal in the county to see veterans' needs are met.

Our group runs around 130 strong, most living in Ventura, but some as far away as Australia and Canada. We are asking for donations to our cause, by selling advertising space in our newsletter.

We plan on starting with a full page with fees broke down in the following manner:

0	<b>Business Card</b>	\$10/mo.	\$100/yr	
0	¼ page	\$15/mo	\$150/yr	
٥	½ page	\$25/mo	\$200/yr	
٥	Full page	\$30 each		

You consideration of donating to our causes, gaining some advertising in the deal, is fully deductable by virtue of our legally acquired non-profit status as a veterans service organization.

We look forward to establishing a relationship beneficial to us both.

Larry Seguin, fund raising chair

Joe Richardson, secretary - Laurie Richardson VVVC Post editor