



Listening Post

Vietnam Veterans of Ventura County, Inc.

P.O. Box 3218

Ventura, CA 93006-3218

January, 2020

Officers

Dave Wilson, President
(805) 469-0281

Howard Tench, Vice President
(805) 312-1977

Joe Richardson, Secretary
(805) 659-2387

Toni Morris, Treasurer
(805) 320-4115

Ron Fitzgarrald, Public Affairs
(805) 218-3489

Board of Directors

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(805) 775-9987

Robert Buckley
(805) 988-2980

Joe Reyes
(805) 415-2521

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Jess Echavarria
(805) 984-7476

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David Ha
(805) 482-3772

POW/MIA

Ron Fitzgarrald
(805) 218-3489

Listening Post

Laurie Ann Richardson
(805) 659-2387

James Ray Scholarship

Joe Richardson
(805) 659-2387

Membership

Joe Richardson
(805) 659-2387

Parades/Work Party

None

Fundraising

Manny Gonzales
(805) 988-4462

President's Message:

January 2020 –

There will be no President's Message this month. Dave is home recuperating from back surgery that he had

Stay tuned next month!

Editor's Note – Due to the fact that the pictures included in the copies of the Listening Post that are mailed out are in such poor quality, we will no longer send the pictures in those copies.. Only the emailed copies will have the colored pictures.

POW/MIA REPORT Jan – 2020

13 Brothers-in-arms have been accounted for and/or returned home & 6 remain MIA

European & Pacific Theaters: 4

Marine Corps Reserve Pfc. Alfred Edwards, 33 of Stilwell, Oklahoma, was accounted for on Aug. 27, 2019.

Marine Corps Pfc. Edward A. Nalazek, 27, of Chicago, was accounted for on Aug. 27, 2019.

POW Army Sgt. John V. Phillips, 25, died while in captivity at Cabanatuan POW camp, was accounted for Dec. 11, 2019. (This official DoD release will be updated following the primary next of kin briefing.)

Army Air Forces 2nd Lt. George M. Johnson, 23, was accounted for on Dec. 12, 2019. (This official DoD release will be updated following the primary next of kin briefing.)

USS West Virginia: 2

Navy Fireman 3rd Class Welborn L. Ashby, 24, of Louisville, Kentucky, was accounted for on Nov. 4, 2019. (This official DoD release will be updated following the primary next of kin briefing.)

Navy Fireman 1st Class Hadley I. Heavin, 23, of Kansas City, Missouri, was accounted for on Sept. 17, 2019. (This official DoD release will be updated following the primary next of kin briefing.)

USS Oklahoma: 5

Navy Fireman 1st Class Andrew J. Schmitz, 26, was accounted for Sept. 18, 2019. (This official DoD release will be updated following the primary next of kin briefing.)

Navy Fireman 1st Class Rex E. Wise, 21, was accounted for on Oct. 17, 2019. (This official DoD release will be updated following the primary next of kin briefing.)

Navy Fire Controlman 3rd Class Adolph J. Loebach, 22, of Peru, Illinois, was accounted for on July 2, 2019.

Navy Seaman 1st Class Orval A. Tranbarger, 20, was accounted for Sept. 18, 2019. (This official DoD release will be updated following the next of kin briefing.)

Navy Fireman 1st Class Leo T. Keninger, 20, was accounted for Sept. 30, 2019. (This official DoD release will be updated following the next of kin briefing.)

Total from World War II: 11

Currently there are 72,615 (approximately 26,000 are assessed as possibly-recoverable) still unaccounted for from World War II.

Korean War: 2

Army Master Sgt. Harold F. Drews, 21, killed during the Korean War, was accounted for Nov. 5, 2019. (This official release will be updated following the primary next of kin briefing.)

***Army Sgt. Maximiano T. Lacsamana**, 37, of Macabebe, Pampanga, Philippines, and a veteran of the Philippine Scouts during World War II, was accounted for Sept. 30, 2019. (This identification was initially published Nov. 20, 2019.)

Currently there are 7,589 Americans remaining unaccounted for from the Korean War.

Vietnam: 0

Currently there are 1,574 American servicemen and civilians remaining unaccounted for from the Vietnam War

Iraq Theater & Other Conflicts: 6

Operation El Dorado Canyon, 1986 MIA: 1

Capt. Paul F. Lorence, of San Francisco, U.S. Air Force, was lost on April 15, 1986, over Libya.

Operation Desert Storm, 1991 MIA: 2

Lt. Cmdr. Barry T. Cooke, of Austin, Texas, U.S. Navy, was lost on Feb. 2, 1991, in the Persian Gulf.

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Operation Iraqi Freedom, 2003-2010 MIA: 3

Mr. Kirk Von Ackermann, of Albuquerque, N.M., DoD contractor, was lost on Oct. 9, 2003, while working in Forward Operating Base Pacesetter, Iraq.

Mr. Timothy E. Bell, of Mobile, Ala., DoD contractor, was lost on April 9, 2004, while working in Baghdad, Iraq.

Mr. Adnan al-Hilawi, of Orlando, Fla., DoD contractor, was lost on March 3, 2007, while working in Baghdad, Iraq.

Ron Fitzgarrald
POW/MIA Chair

VVVC December 2019 Membership Report

Annual members	45
Life members	117
Free members	5
Total members	167

2 Annual members moved to expired
1520 Joe Morris
1479 Ken Price

Annual membership overdue
1428 Robert Johnson
1521 Rollen Burns

No memberships due in Dec.

Sec/Membership Chair
Joe Richardson

Snowflake was, once again, a big success thanks to the VVVC members that offered their help. Good job guys!

Sick Call...

Please continue to think about and/or say a prayer for our members:

David Wilson
John Smiley
Sharon Cabrera
Simon Camarillo
Joe Morris
James Connors
Laurie Richardson

Everyone – please stay safe and healthy out there!

VVVC 2019 ELECTION RESULTS

President	David Wilson
Vice-President	Howard Tench
Secretary	Joe Richardson
Treasurer	Toni Morris
Public Affairs	Ron Fitzgarrald

Board of Directors:

Robert Buckley
Debra Erich
Jess Echevarria
Louis Morris
Joe Reyes

The above nominees were elected at our December 2019 meeting.

Congratulations to all!

More information from Charley Foote

A direct line for Out Patient Pharmacy –
VA Sepulveda
Outpatient Pharmacy
16111 Plummer St.
Bldg. 200 Room 1200
North Hills, CA 91343
818-891-7711 Ext. 35855
Yudif Vayner

Re Mission Act

<https://www.va.gov/CommunityCare/programs/Veterans/GeneralCare.asp>

VVVC 2020 Event Calendar

JANUARY

9 VCVC Meeting
18 VVVC Meeting

FEBRUARY

13 VCVC Meeting
21 VVVC Meeting

MARCH

12 VCVC Meeting
20 VVVC Meeting

APRIL

9 VCVC Meeting
18 VVVC Meeting

MAY

14 VCVC Meeting
16 VVVC Meeting

JUNE

11 VCVC Meeting
20 VVVC Meeting

JULY

9 VCVC Meeting
18 VVVC Meeting

AUGUST

13 VCVC Meeting
15 VVVC Meeting

SEPTEMBER

10 VCVC Meeting
19 VVVC Meeting

OCTOBER

8 VCVC Meeting
17 VVVC Meeting

NOVEMBER

12 VCVC Meeting
21 VVVC Meeting

DECEMBER

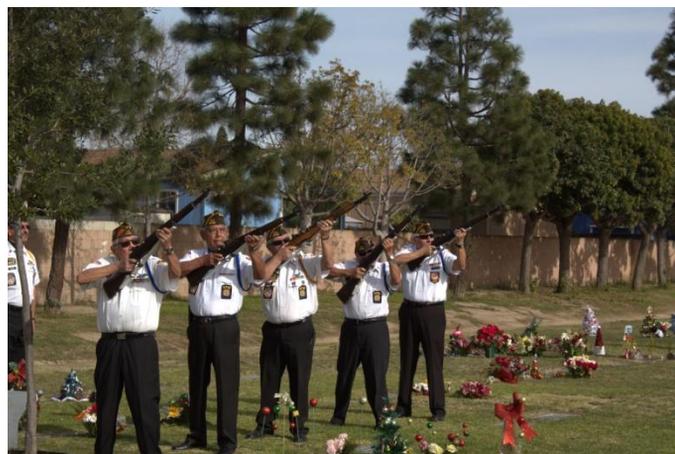
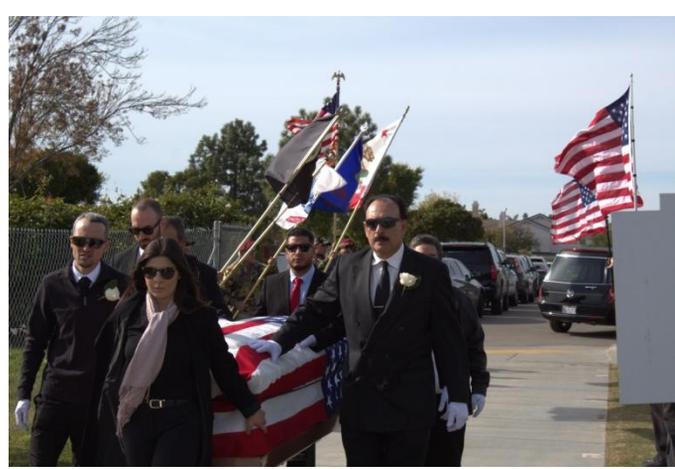
10 VCVC Meeting
19 VVVC Meeting



Getting Ready Cleanup

Ventura CalVet Veterans Home 10th Anniversary



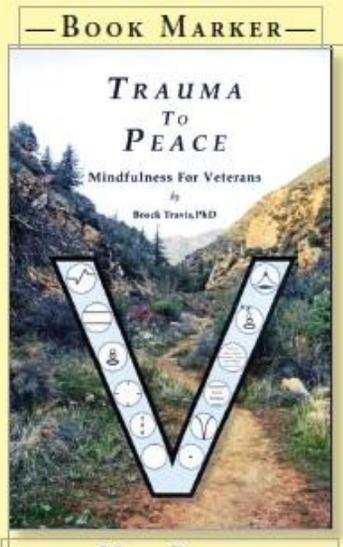


My Choices from 2019 OPERATON SNOWFLAKE



From your Secretary

This is a book I took part in writing during nearly five years I have been in Brock Travis's Mindfulness for Veterans therapy group
I have copies I can share



—NEW BOOK—
BY BROCK TRAVIS PHD
TRAUMA TO PEACE

MINDFULNESS FOR VETERANS is the encounter between a group of veterans and a mindfulness teacher. After working together for many years, they wanted to share their experience so that others could learn the practice of mindfulness and find relief from the anxiety, irritability, and depression that comes from living with PTSD. The veterans in this book have come to peace with their past and are using this knowledge as a source of strength and a motivating force for service. The veterans share their personal stories and the relief that has come from practicing mindfulness. Many of them had tried other solutions that worked temporarily, but nothing has helped as much as

—Continued on other side

learning to quiet the body, calm the heart, and clear the mind.

Dr. Travis teaches if a person wishes to recover from trauma, he or she needs to study the way it works. Through mindfulness, the simple practice of attention and awareness, one can experience peace, even from the traumatizing effects of combat. The book presents simple techniques to heal the fear, anger and grief that comes from trauma. At the heart of trauma to peace is the hope that veterans and others can find their own way to peace.

ORDER AT
—AMAZON BOOKS—
\$10. + S&H

NOTE:
If you have already received the book, please pass this **BOOK-MARKER** on to others. And please give a book review on **Amazon Books**



SCAN THIS QR CODE WITH YOUR PHONE CAMERA TO ACCESS ON-LINE ORDERING INFORMATION.

CHECK OUT DR. BROCK TRAVIS'S
WEBSITE AT:
WWW.BROCKTRAVIS.COM



Vietnam Veterans of Ventura County, Inc.
P.O. Box 3218
Ventura, CA 93006-3218

This letter is intended to be used to introduce us, the Vietnam Veterans of Ventura County, and to assist us in our effort to solicit subscription/donations to our organization in the form of advertising in our monthly newsletter.

First the legal issues of proper identification.

- IRS, 501(c)(19) Vietnam Veterans of Ventura County Inc. id#93-0966053

State of California Franchise Tax Board

- 501(c)(19) Vietnam Veterans of Ventura County, tax exemption, Revenue and taxation Section 23701f

Our organization represents all veterans (not just Vietnam Veterans) in the 805.

Our organizations primary function is to act as a 'service' group providing all manner of assistance to our veteran population. We are active in the education of our youth in our local schools by speaking at the schools to the students. We support and provide college scholarships every year. We have been the organization responsible for bringing the 'Traveling Wall' Vietnam Memorial to Ventura six times in the last 30 years and are planning on doing so again in 2018. We provide full military honor and color guards in parades and at funerals. We work closely with literally hundreds of other organizations and our elected officials both State and Federal in the county to see veterans' needs are met.

Our group runs around 130 strong, most living in Ventura, but some as far away as Australia and Canada. We are asking for donations to our cause, by selling advertising space in our newsletter.

We plan on starting with a full page with fees broke down in the following manner:

- | | | |
|-----------------|-----------|----------|
| • Business Card | \$10/mo. | \$100/yr |
| • ¼ page | \$15/mo | \$150/yr |
| • ½ page | \$25/mo | \$200/yr |
| • Full page | \$30 each | |

Your consideration of donating to our causes, gaining some advertising in the deal, is fully deductible by virtue of our legally acquired non-profit status as a veterans service organization.

We look forward to establishing a relationship beneficial to us both.

Larry Seguin, fund raising chair

Joe Richardson, secretary - Laurie Richardson VVVC Post editor